

***INVOLVING LATINO YOUTH AND
FAMILIES IN OUT-OF-SCHOOL TIME
YOUTH EMPOWERMENT PROGRAMS***

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**Building on Family Strengths: Research and Services in
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Research and Training Center
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Portland State University

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Empowering
Latino Youth



UNIVERSITY OF OREGON



**Youth Empowerment
Demonstration Project**

Project YED

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Carlos Romero
Latino Youth Education Coordinator
After School Intervention
A Case Management approach

- Academic Support.
- Check PR and Grades.
- Contact with parents or guardians to verify school progress and behavior.
- Person Center Planning model (PCP)

After School Intervention

- Tutoring and mentoring with the support of local college students
- Support from teachers, instructors and academic counselors
- Cultural, Career, behavior and developmental Assessments

After School Intervention

Career Awareness

- Develop a career portfolio
- Online research for bilingual job opportunities in the metro area
- In-class presentations from professionals and college students
- Field trips to OMSI, MHCC, University of Portland.
- Games geared toward career exploration

After School Intervention

Cultural Development

- Greater knowledge of Latino cultural heritage.
- Greater awareness of multicultural issues.
- Increased participation in cultural events.
- Increased enjoyment of music and other creative arts associated with Latino culture

Silvia Magaña

Latino Youth Education Coordinator

Parent Intervention



You Can make a difference!

Parent Intervention

Once a year, 7-8 sessions

Topics of Discussion:

Communication, Limits, Drugs/Alcohol, Sexuality and Abstinence Education, Acculturation, Making Healthy Choices, Identity/self-esteem and Empowerment, Gangs, Violence and Bullying, etc.

You Can make a difference!

You Can make a difference!

Parent Intervention

Topics of Discussion

| Class | Curriculum |
|---------|--|
| Class 1 | Life in the Community for Everyone- Communication |
| Class 2 | Life in the Community for Everyone- Communication |
| Class 3 | <i>40 Developmental Assets-Making healthy choices</i> |
| Class 4 | <i>Life in the Community for Everyone- Drugs and Alcohol</i> |
| Class 5 | Life in the Community for Everyone- Violence |
| Class 6 | Facts and Reasons - Sexuality and Abstinence Ed |
| Class 7 | Life in the Community for Everyone- Acculturation |
| Class 8 | Potluck and Surveys |

Parent Intervention

Curriculums

- Facts and Reasons, By Rose Fuller and Janet McLaughlin
- The 40 Developmental Assets, from the Search Institute
- Life in the Community for Everyone, from the [Department of Health & Human Services](#), Substance Abuse & Mental Health Services Administration

Iliana Fontal

Youth Empowerment Project Coordinator

Summer Program 2007-2009

In order to keep in contact with the students during summer, we programmed each summer about 2 to 3 field trips and activities plus 1 or 2 overnight summer camps in partnership with OSU and Boy Scouts of America.

- Mural Project at George MS during 3 weeks
- Field Trip to North Clackamas Aquatic Park and Wild Waves



You Can make a difference!

The Great Outdoors Camp 3 days camp

- Day 1 Excursion to Sauvie Island, North Portland and Wapato Wetlands hike
- Day 2 Horsetail Falls located in the Columbia Gorge
- Day 3 Blue Lake Park



You Can make a difference!

Celebrating Latino Culture 2 days camp

- Folkloric Dance class at Parkrose High School
- Family Festival at Peninsula Park

Soccer Tournament

Student Dance Presentation

Student Art Display

Dinner

Games & Piñata



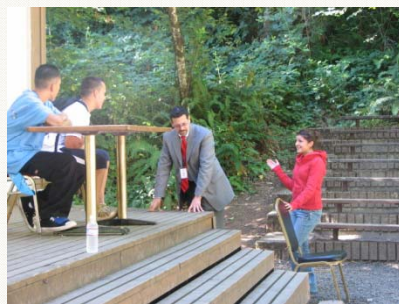
4-H International Summer Camp Challenging Minds and Bodies! One week camp

Through Science, Engineering, Natural Resources, Technology, Health,
Culture, Education, & Sports

Oregon State University Extension Service 4-H offer summer camps at the Oregon 4-H Conference & Education Center in Salem OR targeting Latino students. With 100 middle school students in grades 6th-8th in. August 10-14 every year.

- **Project Goals and Objectives**

The 24 hours a day Summer Camps is part of a larger effort to engage Latino youth in activities that will help them improve their academic skills, develop leadership skills, and engage them in healthy physical activities that will help them to become responsible and contributing citizens in their communities.



Tillamook Camping Adventure for Families and Youth 3 days camp

NWFS partnered with the Boy Scouts of America to offer our students and their families a camping adventure of a lifetime. Students and families slept in cabins, learned about camping, explored archery, canoeing, and other outdoor activities. For many of our students and families, this was their first camping experience ever!



College student interns served as
assistant youth leaders, tutors,
role models, and mentors:

Amanda Takish

William Cohoon

Yesenia Torres

Cecilia Pelayo-Martinez

Some of the participating youth
from the following middle
schools are here with us today:

HB Lee Middle School

George Middle School

Ron Russell Middle School

How does this type of project fit in with the future for Latino English Language Learners? What are the needs? What is the big picture?

**Jorge Preciado, Ph.D.,
Spanish/English Literacy Specialist**

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For More Information:

Northwest Family Services:

<http://www.nwfs.org>

**Positive Behavior Support in
School:**

<http://uoregon.edu/~ttobin>

You Can make a difference!