whole will; and it is therefore torn both ways and deeply troubled while truth shows the one way as better but habit keeps it to the other.

## XI

Thus I was sick at heart and in torment, accusing myself with a new intensity of bitterness, twisting and turning in my chain in the hope that it might be utterly broken, for what held me was so small a thing! But it still held me. And You stood in the secret places of my soul, O Lord, in the harshness of Your mercy redoubling the scourges of fear and shame lest I should give way again and that small slight tie which remained should not be broken but should grow again to full strength and bind me closer even than before. For I kept saying within myself: "Let it be now, let it be now," and by the mere words I had begun to move towards the resolution. I almost made it, yet I did not quite make it. But I did not fall back into my original state, but as it were stood near to get my breath. And I tried again and I was almost there, and now I could all but touch it and hold it: yet I was not quite there, I did not touch it or hold it. I still shrank from dying unto death and living unto life. The lower condition which had grown habitual was more powerful than the better condition which I had not tried. The nearer the point of time came in which I was to become different, the more it struck me with horror; but it did not force me utterly back nor turn me utterly away, but held me there between the two.

Those trifles of all trifles, and vanities of vanities, my one-time mistresses, held me back, plucking at my garment of flesh and murmuring softly: "Are you sending us away?" And "From this moment shall we not be with you, now or forever?" And "From this moment shall this or that not be allowed you, now or forever?" What were they suggesting to me in the phrase I have written "this or that," what were they suggesting to me, O my God? Do you in your mercy keep from the soul of Your servant the vileness and uncleanness they were suggesting. And now I began to hear them not half so loud; they no longer stood against me face to face, but were softly muttering behind my back and, as I tried to depart, plucking stealthily at me to make me look behind. Yet even that was enough, so hesitating was I, to keep me from snatching myself free, from shaking them off and leaping upwards on the way I was called: for the strong force of habit said to me: "Do you think you can live without them?"

But by this time its voice was growing fainter. In the direction

towards which I had turned my face and was quivering in fear of going, I could see the austere beauty of Continence, serene and indeed joyous but not evilly, honourably soliciting me to come to her and not linger, stretching forth loving hands to receive and embrace me, hands full of multitudes of good examples. With her I saw such hosts of young men and maidens, a multitude of youth and of every age, gray widows and women grown old in virginity, and in them all Continence herself, not barren but the fruitful mother of children, her joys, by You, Lord, her Spouse. And she smiled upon me and her smile gave courage as if she were saying: "Can you not do what these men have done, what these women have done? Or could men or women have done such in themselves, and not in the Lord their God? The Lord their God gave me to them. Why do you stand upon yourself and so not stand at all? Cast yourself upon Him and be not afraid; He will not draw away and let you fall. Cast yourself without fear, He will receive you and heal

Yet I was still ashamed, for I could still hear the murmuring of those vanities, and I still hung hesitant. And again it was as if she said: "Stop your ears against your unclean members, that they may be mortified. They tell you of delights, but not of such delights as the law of the Lord your God tells." This was the controversy raging in my heart, a controversy about myself against myself. And Alypius stayed by my side and awaited in silence the issue of such agitation as he had never seen in me.

## XII

When my most searching scrutiny had drawn up all my vileness from the secret depths of my soul and heaped it in my heart's sight, a mighty storm arose in me, bringing a mighty rain of tears. That I might give way to my tears and lamentations, I rose from Alypius: for it struck me that solitude was more suited to the business of weeping. I went far enough from him to prevent his presence from being an embarrassment to me. So I felt, and he realized it. I suppose I had said something and the sound of my voice was heavy with tears. I arose, but he remained where we had been sitting, still in utter amazement. I fluing myself down somehow under a certain fig tree and no longer tried to check my tears, which poured forth from my eyes in a flood, an acceptable sacrifice to Thee. And much I said not in these words but to this effect: "And Thou, O Lord, how long? How long, Lord; wilt Thou be angry forever? Remember not our