



**Wound Care Instructions**

Keep the bandage clean and dry, and change daily or as instructed. If the bandage becomes wet, remove and replace it with a clean, dry bandage or bandaid. You may come to the Health Center Nurse Treatment Area C for a dressing change if you have difficulty in changing the dressing.

Do not apply any medications, lotions, or preparations to the wound unless instructed to do so by your health care provider.

**Signs of infection:**

Swelling and/or increased redness

Warmth

Throbbing pain or increased pain at the wound site

Red streaking

Fever

*Drainage*

If you develop any of these symptoms, please see your physician or go to the Urgent Care Clinic of the Student Health Center for evaluation. Avoid using the injured area; keep it elevated as much as possible.

**Please note any items checked below:**

\_\_\_\_\_ If steri-strips were used to close your wound, keep them absolutely clean and dry for \_\_\_\_\_ days. You may remove the steri-strips in \_\_\_\_\_ days by soaking them with water if advised to do so.

\_\_\_\_\_ Stitches should be rechecked by your provider in \_\_\_\_\_ day for possible removal.

\_\_\_\_\_ Inquire about your last Diphtheria/Tetanus immunization if this is pertinent and your are uncertain. This should be given within 72 hours after injury and updated every 5-10 years.

**Other instructions:**

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Make an appointment with \_\_\_\_\_, MD/NP for follow-up care in \_days.

Clinic Forms: Wound Care Instructions.doc: Rev. 7/27/04: IJL/kmb