

# W'08 Active Learning at ALS

FREE WORKSHOPS

**Wednesdays, 11-11:50 a.m., 51 PLC**

Interested in boosting your academic performance? Join us for any or all of these free, drop-in study skills workshops:

**January 16 &  
February 13**

**Time Matters**

Time is one of your most important resources. Come learn how to make the most of it by identifying priorities, setting goals, making plans, getting it done, and still having fun.

**January 23 &  
February 20**

**Note-worthy Occasions**

Taking notes can feel like hard work. How well do *they* work for *you*? Refine your note-taking and organizational skills and expand your views about what good notes can do.

**January 30 &  
February 27**

**Speedy Reading**

If you've ever wondered how or if speed reading works, come try it for yourself. We'll touch on the history of speed reading, the theories behind it, and techniques you can use to get started.

**February 6 &  
March 5**

**Test Success**

For many students, "test" and "exam" are the worst of all four-letter words. Whether you're taking essay or objective tests, don't miss this chance to discuss smart study techniques, test-taking strategies, and anxiety reduction tips.

For more information, contact Amy Nuetzman at Academic Learning Services (68 PLC, 346-3226, [nuetzman@uoregon.edu](mailto:nuetzman@uoregon.edu)).

Academic  
Learning  
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