

Health Related Volunteer Opportunities

On Campus

- **Peer Health Education:** offers presentations, workshops and training in health education. Publishes newsletter, *WellNow*, for the Daily Emerald. Two term commitment for college credit. <http://healthcenter.uoregon.edu>: Click "Health Promotion/Educ," then "Peer Health Education." Call 346-0562.
- **Career Connections Program:** learn how to write a resume, cover letter, and informational letter. Have the opportunity to be matched up with two career professionals in area of interest for informational interviews. This one credit class is offered in Chemistry, Biology, Physics, and Human Physiology. Call Kristi Lodge (klodge@uoregon.edu, 346-6021) or stop by 235 Hendricks Hall.
- **Asklepiads:** various volunteer opportunities. Preceptorship program: shadowing doctors in the community. Email: premed@uoregon.edu. Website: <http://gladstone.uoregon.edu/~premed/>. They are also Iso active on Facebook.
- **Dental Club:** Preceptorship program: shadowing dentists in the community. Email: dental@uoregon.edu.
- **Pharmacy Club:** provides students with volunteer information. Preceptorship program: shadowing pharmacists in the community. Email: prepharm@uoregon.edu.

Lane County

- **Sacred Heart Premed Practicum:** Find a practicum/job shadow experience with a doctor in the Eugene/Springfield area. Required minimum commitment: 4 hours/week for 4 weeks. Junior standing or above preferred. Contact Christine Traver, CTraver@peacehealth.org, Director, Medical Education & Research at Sacred Heart Medical Center.
- **White Bird:** take classes and hands-on-training in human services at clinic. Contact Christel Thomas, New Volunteer Coordinator at 342-8255. <http://whitebirdclinic.org/training.html>
- **Volunteers in Medicine:** Meeting the health care needs of people without medical insurance—wide assortment of jobs. Required: compassion, non-judgmental respectful care, and responsibility. Call 685-1920, email: dmeashintubby@peacehealth.org, www.vim-clinic.org.



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- **American Red Cross:** help provide disaster relief and assist people in preventing, preparing for and responding to emergencies. Volunteer opportunities include being part of the Disaster Action Team, which provides direct assistance to victims of home fires and other disasters, Meals on Wheels, and working with youth in the community. Visit www.oregonpacific.redcross.org.
- **Children's Miracle Network:** By participating in exciting Children's Miracle Network events that benefit our community's children, you can help make miracles happen <http://www.peacehealth.org/oregon/Foundation/CMN/default.asp> Email cmn@peacehealth.org, subject heading "Volunteer."
- **Sacred Heart General Hospital:** http://www.peacehealth.org/Oregon/volunteer_services.htm.
- **McKenzie Willamette Volunteer Connection:** Contact Thelma Clemons, FAX 744-8586. Google "McKenzie Willamette Volunteer Connection" and click the link from "volunteer.united-e-way.org".
- **CNA Certification:**
 - Lane Community College continuing education department offers nursing assistant certification program. Allows opportunity for paid practice. Offered for 11 weeks, normally held every term. From www.lanecc.edu, search "CNA." Email Lida Herburger at herburgerl@lanecc.edu.
 - Pinnacle Healthcare's Nursing Assistant Training Program consists of 90 hours of classroom/lab time and 90 hours of clinical training. Tuition for the program is approximately \$425, which includes the textbook and CPR certification. This cost is reimbursed to students who are hired by Pinnacle Healthcare after certification. The cost for the state licensing test is approximately \$110. For more information, call (541) 746-1020 or (866) 744-1020, www.pinnacle-healthcare.com/careers/cna.html
- **Phlebotomy Courses:**
 - Lane Community College offers Phlebotomy training as a two lecture/two lab program, followed by a 120-hour Cooperative Education clinical placement. Upon successful completion of the program, students qualify to take the national Phlebotomy Technician PBT certification exam. Total cost is approximately \$1800. Visit www.lanecc.edu and search "phlebotomy."
 - Oregon Medical Training is offering a phlebotomy training program in Eugene/Springfield, and in Bend. Tuition is \$1250, registration fee: \$100, supply fee: \$150, including textbook. The courses are scheduled from 6pm to 9pm on Monday, Tuesday, and Thursday. Visit www.oregonmedicaltraining.com



- **Greenhill Humane Society:** volunteer opportunities include Petfinder website photography and maintenance, building maintenance and landscape work, clerical and office work, assistance at special events, transporting animals to various appointments, walking dogs, socializing cats and other small animals, and fostering animals at home. Most volunteer positions require a firm commitment of three to six hours a week for six months or a total of 70 hours. Contact Kyla Coy, 689-1503, Ext. 114. For more information visit <http://www.green-hill.org>.
- **Cascades Raptor Center:** This wildlife rehabilitation center seeks volunteers for administrative tasks and animal care: <http://www.eraptors.org/volunteer.asp>
- **American Cancer Society:** They recruit volunteers to take lifesaving messages about cancer prevention and early detection into local communities, as well as, provide services to cancer patients, their families and health care professionals. There are many different opportunities for a person to serve as an American Cancer Society volunteer. The American Cancer Society, Eugene office is looking for a competent, professional, motivated Volunteer Recruiter/Coordinator to help fulfill their mission of volunteer recruitment. <http://www.cancer.org>. Contact Person: Charlie Johnson, 541-434-3100
- **United Way:** Check out United Way's volunteer website for volunteer opportunities at www.volunteersolutions.org.
- **Planned Parenthood:** Volunteer opportunities involve general office work, mailing compilations, event assistance, fundraising and, during the legislature, political lobbying! There are rarely clinical opportunities available due to the extensive training needed as well as client confidentiality. www.ppsworegon.org: Click "Get Involved."
- **HIV Alliance:** many volunteer opportunities available. For more information visit <http://www.hivalliance.org/getinvolved.html>.

Portland, Oregon

- **Outside In:** Outside In is a social service agency dedicated to serving low-income adults and homeless youth. It began in 1968, and has continually revised services to meet changing client needs. Current programs include a community health clinic, a homeless youth program designed to help homeless youth obtain independent living, and risk education. Volunteering and internships are available. www.outsidein.org
- **The American Red Cross Oregon Trail Chapter** has multiple volunteer opportunities that vary in skill level and time commitment. For more information visit http://www.redcross-pdx.org/volunteer/volunteer_positions.shtml



- **Oregon Museum of Science and Industry (OMSI):** offers a variety of rewarding volunteer opportunities. From greeting visitors and answering questions, to presenting science demonstrations in our exhibit halls and labs, to helping behind the scenes in our administrative offices, volunteering at OMSI is a great way to get involved with one of the country's top ten science museums. An enthusiastic attitude is all you need! Visit <http://omsi.edu>: Click "Support OMSI."
- **Coalition of Community Health Clinics:** It is the mission of the Coalition of Community Health Clinics to support member clinics and to take a leadership role in community planning to provide low-cost or no-cost health care for low income people who are uninsured and underinsured. A variety of volunteer positions are available at different times at the 13 different Coalition Clinics. For more information, go to www.coalitionclinics.org
- **Hospitals in Portland-Metro Area:**
Many interesting and different assignments are available at these medical facilities, each with different requirements. See individual requirements for required time commitments, locations, etc. Some placements provide for patient and visitor contact, while others offer indirect, or no contact.

Providence Medical Center: <http://www.providence.org/oregon/Volunteers/default.htm> for volunteer opportunities at the Portland, Milwaukie, or St. Vincent locations.
Legacy Health System: <http://www.legacyhealth.org/body.cfm?id=72> information at Legacy's different locations and different opportunities.
Adventist Health: <http://www.adventisthealthnw.com/Volunteers.asp>
Doernbecher Volunteer Services: <http://www.ohsu.edu/health/page.cfm?id=13400>
OHSU: <http://www.ohsu.edu/volserv/ohsuvolinfo.html>
- **Ronald McDonald House:** Hundreds of volunteers contribute thousands of hours each year to ensure that the Ronald McDonald Houses continue to provide a loving, clean and safe place for families to call home while their seriously ill or injured children are in the hospital. Explore the many ways you can get involved and let us know how you would like to help. http://www.rmhcOregon.org/pages/help_volunteer.php

Other U.S. Options

- **Teach for America:** Teach For America's mission is to build the movement to eliminate educational inequity by enlisting our nation's most promising future leaders in this effort. <https://www.teachforamerica.org/index.htm>
- **Wildlife Safari:** Winston, Oregon. Volunteers are sought to be docents and help with animals. Must commit 10 hours/month and 2 meetings/month. <http://www.wildlifesafari.org>. Contact Keith Barger at 541-679-6761, ext. 221.



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International

- **Child Family Health International:** CFHI builds and strengthens sustainable healthcare services in underserved communities worldwide. Visit www.cfhi.org for more details.
- **International Education, Experience, Employment (IE3):** IE3 is a global internship program connecting students with some great opportunities for volunteering abroad. More information can be found at <http://ie3global.oregonstate.edu/>
- **International organizations seeking volunteers:**
 - <http://globalservicecorps.org>
 - Intercultural volunteer Programs: <http://afs.org>
 - International Medical Volunteers Association: <http://imva.org>
 - <http://peacecorps.gov>
 - International Service Learning: <http://www.islonline.org/>
 - Unite for Sight: <http://uniteforsight.org/>

**This form is also available online at
[http://advising.uoregon.edu/AA_Pages/documents/HealthRelated
VolunteerOpportunities.pdf](http://advising.uoregon.edu/AA_Pages/documents/HealthRelatedVolunteerOpportunities.pdf)**

